



CE and Energy Classes for the Winter & Spring of 2010

January 2010

Class Name	Instructor	Hrs	Day/Date	Times	Cost	Notes/Bring this:
Grounding, Centering, and Shielding	Gilmore	6	Sun. Jan. 3	11:00-5:00	\$100	
Circumducting Shoulder Problems	Dudley	6	Sun. Jan. 24	9:30-4:30	\$100	Sheets & body pillow, or 3 bed pillows
Pregnancy Massage	Dudley	6	Mon. Jan. 25	8:30-3:30	\$100	Sheets & body pillow, or 3 bed pillows
Chair Massage	Dudley	6	Thu. Jan. 28	1:00-7:00	\$100	
Kinesiology	Delaney	50	Jan. 29 – April 23	6:30-10:30	\$730	Plus \$81.79 for textbook Please ask for detailed class schedule Must be registered 10 days prior to class start
Hot Stone Massage	Dudley	6	Mon. Jan. 31	1:00-7:00	\$125	Sheets, 2 bath towels, hand towel, wash cloth, and oil

February 2010

Class Name	Instructor	Hrs	Day/Date	Times	Cost	Notes/Bring this:
Muscle Energy Techniques	Gentry	18	Feb. 2 – Feb. 10	8:30-12:30	\$263	Please ask for detailed class schedule Must be registered 10 days prior to class start
Pathology	Hair	40	Feb. 3 – March 8	8:30-12:30	\$585	Plus \$65.57 for textbook Please ask for detailed class schedule Must be registered 10 days prior to class start
Pathology	Gilmore	40	Feb. 3 – April 16	6:30-10:30	\$585	Plus \$65.57 for textbook Please ask for detailed class schedule Must be registered 10 days prior to class start
Grounding, Centering, and Shielding	Gilmore	6	Sun. Feb. 7	11:00-5:00	\$100	
Body Contouring	Brown	35	Feb. 8 – May 3	1:00-4:00	\$430	Price includes book Please ask for detailed class schedule
Trigger Point & Myofascial Therapy	Gentry	45	Feb. 15 – March 15	8:30-12:30	\$660	Plus \$21.60 for textbook Please ask for detailed class schedule Must be registered 10 days prior to class start
Pregnancy Massage	Dudley	6	Sun. Feb. 21	9:30-4:30	\$100	Sheets & body pillow, or 3 bed pillows
Unlock the Pelvic Puzzle	Dudley	6	Sun. Feb. 28	9:30-4:30	\$100	Sheets & body pillow, or 3 bed pillows



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March 2010

Class Name	Instructor	Hrs	Day/Date	Times	Cost	Notes/Bring this:
Trigger Point & Myofascial Therapy	Gentry	45	March 5 – May 10	6:30-10:30	\$660	Plus \$21.60 for textbook Please ask for detailed class schedule Must be registered 10 days prior to class start
Grounding, Centering, and Shielding	Gilmore	6	Sun. March 7	11:00-5:00	\$100	
Pregnancy Massage	Dudley	6	Sun. March. 21	9:30-4:30	\$100	Sheets & body pillow, or 3 bed pillows
Hot Stone Massage	Dudley	6	Sun. March. 28	9:30-4:30	\$125	Sheets, 2 bath towels, hand towel, wash cloth, and oil

April 2010

Class Name	Instructor	Hrs	Day/Date	Times	Cost	Notes/Bring this:
Circumducting Shoulder Problems	Dudley	6	Sun. April 11	9:30-4:30	\$100	Sheets & body pillow, or 3 bed pillows
Unlock the Pelvic Puzzle	Dudley	6	Sun. April 8	9:30-4:30	\$100	Sheets & body pillow, or 3 bed pillows
Muscle Energy Techniques	Gentry	18	April 28 – May 12	6:30-10:30	\$263	Please ask for detailed class schedule Must be registered 10 days prior to class start